

## The Village Hall Post

# Welcome to the First Edition of the Grimsargh Post



Congratulations on picking up the first exciting edition of the Grimsargh Post.
Within the next few pages you will be able to find out about the full range of activities available at the Village Hall, hear about our current projects and get an update on our latest news.

I'm Nicola Bell, current Chairman of the Village Hall, previously secretary on the same committee. I moved to Grimsargh in 2012 and after having my first child (I now have three!) I responded to an advert for volunteers to help out at the hall as a way of getting to know more folk around and about the village and I've been involved ever since.

We are extremely fortunate within Grimsargh to have such a fantastic facility as the Village Hall;

a fact many of you recognised in the neighbourhood planning survey conducted by the Parish Council in 2017/18. It was voted the best attribute of the village and as a committee we are very proud of that. Likewise, the hall is often complimented by out of area visitors, not only for its very being, but for the range of activities and the facilities available (and most especially the very posh toilets!). It does mean there is something for everyone, if not a group or a club, then a fantastic venue for a party, special birthday, Christening, bar mitzvah or wedding.

A diverse but dynamic committee run the Village Hall on behalf of you, the Grimsargh residents. It is your Village Hall and if you have any comments, suggestions or feedback, please contact me on chairman@gvca.co.uk

With many best wishes, Nicola

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# Monthly Farmers' Market Still Going Strong

Our ever popular market continues to be held on the 3rd Saturday of every month, 9am – 1pm. Stalls include fresh local produce and a delightful range of handcrafted arts, gifts and homewares. Why not come along and see what's on offer? You could also pop in and have a brew and a bite to eat in the café whilst you're there.

The Market days for 2019 are:

15th June

20th July

**August - No market days** 

21st September

19th October

16th November

21st December (Christmas)



Do you have a local food/craft product you would like to sell at the market, or would you be interested in getting involved with supporting the market in another way?

Very specifically we are looking for a new coordinator to build on this strength and further enhance the market's popularity.

This voluntary role is an excellent opportunity to develop skills in communications, marketing and commerce, with the added value of meeting new people including local businesses and village folk, whilst being supported by a friendly and wellestablished team.

In either case – products to sell, or skills to offer - please email markets@gvca.co.uk and we'll get back to you or alternatively find us on Facebook www.facebook.com/grimsarghfarmersmarket



### **Grimsargh Pre-School Closure**

Many of you will now know that Grimsargh Pre-School announced in May this year that the group will close at the end of the summer term after 47 years. Reasons being decreasing numbers of children, rising costs and lack of funding. We were very grateful that they highlighted the Village Hall's support in freezing their fees for many years.

The organisation existed long before the hall was even built – and moved in as one of our very first

resident Community Groups. A huge number of Grimsargh children have benefited from the excellent care and guidance the "Aunties" have given over the years. We were deeply saddened by this news from the group, though completely understanding of the reasons why the decision was made. We must all be very grateful to the "Aunties" and thankful for the fantastic positive contribution Grimsargh Pre-School has made to village life for almost half a century.

Day	Group	Time	Hall	Contact details
			WEE	KLY
Monday	Pre School *	8.00am - 3.15pm	Large	Lesley Brooks: 01772 653013
Monday	Pilates	2.00pm - 3.00pm	Small	Classes currently fully booked
Monday	Rainbows	5.45 - 6.45pm	Large	Website: www.girlguiding.org.uk Email: 1stgrimsarghrainbows@gmail.com
Tuesday	Pre School *	8.00am - 12.30pm	Large	Lesley Brooks: 01772 653013
Tuesday	Toddlers	1.00 - 3.00pm	Large	Lorna Galbraith: Facebook: www.facebook.com/grimsarghtoddlers Website: www.grimsarghtoddlers.org.uk/
Tuesday	Positively Pawfect	6.30pm - 7.30pm 7.45pm - 8.45pm	Large	Josie: 07877 010023 josie@positivelypawfect.com www.positivelypawfect.com
Wednesday	Pre School *	8.00am - 3.15pm	Large	Lesley Brooks: 01772 653013
Wednesday	Brownies	5.45 - 7.00pm	Large	Website: www.girlguiding.org.uk
Wednesday	Activ8	6.00 - 7.00pm	Small	Gillian Knowles: 07751 616788
Thursday	Pre School *	8.00am - 3.15pm	Large	Lesley Brooks: 01772 653013
Thursday	Latin American	6.30 - 8.00pm	Large	Peter Ronson: 01772 736619
Thursday	Yoga	6.30pm - 8.00pm	Small	Susan Richmond: 07730 338483 Email: susan.richmond1@btinternet.com
Thursday	Yoga for Men	8.00pm - 9.00pm	Small	As above
Thursday	Badminton Club	8.00 - 10.30 pm	Large	Richard Foster: 01772 652981
Friday	Toddlers	9.30 - 11.30am	Large	Lorna Galbraith: Facebook: www.facebook.com/grimsarghtoddlers Website: www.grimsarghtoddlers.org.uk/
Guides	Guides also have a	weekly session at the	hall. For r	nore information, see their website: www.girlguiding.org.uk
			MON'	THLY
1st Tuesday	Lace Making	9.30am - 3.00pm	Small	Pat Bradford: 01772 782462
1 <sup>st</sup> Wednesday	Gardening Club	7.30 - 9.45 pm	Large	Pam Crayston: 01772 712445
1 <sup>st</sup> Wednesday	Dyslexia Centre	Contact them	Small	Website: www.dyslexiacentrenorthwest.co.uk Phone: 01772 759083
1 <sup>st</sup> Thursday	Parish Council	7.30 - 10.00 pm	Small	Sue Whittam: 01772 863477
2 <sup>nd</sup> Wednesday	Women's Institute	7.30 - 10.00 pm	Large	Dianne Cookson: 01772 651303 Email: dianne.cookson60@hotmail.co.uk
3 <sup>rd</sup> Saturday	Farmers' Market	9am - 1pm	All	Email: markets@gvca.co.uk Facebook: www.facebook.com/grimsarghfarmersmarket/

NOTE: \* See above article on Pre-School.



### **Hall for Hire!**

Our Village Hall is well used for a wide range of purposes. It operates on a "Do-It-Yourself" basis, with groups and hirers laying everything out and putting everything away themselves, according to their varying needs. This enables us to keep our rates extremely competitive. We have two main rooms - the Main Hall is large enough to sit 200, theatre style, the Small Hall about 40. There is a good sized stage, a bar, kitchen and car-park for 60 vehicles.

For many years we have regularly turned people away who were looking for a regular daytime slot. However, with the demise of Grimsargh Pre-School we now have space to accommodate new groups. So get in touch – details at the bottom of this article.



Weddings: Village Halls are becoming increasingly popular as wedding venues – for reasons of both cost and flexibility - you have complete control. We have drapes, linens and chair covers that can transform the look of the hall. Alternatively you can hire in your own, to any design you wish. Get all your friends to help with the catering, using our wonderful kitchen, or cut the hassle and get professionals in – the choice is yours. See note later on drinks options.



Kids Parties: We offer an excellent package here of £50 for three hours exclusive use of the whole venue – both halls, kitchen, car park and the children's play facilities at the rear. Let the little darlings run amok to their heart's content.....so long as you do clear up afterwards.... The Main Hall is large enough for a bouncy castle too.

Community Groups: in many ways provision of facilities for these is our reason for existing – and we do so very well, as we are confident they would all confirm. All not-for-profit groups benefit from a reduced level of hire rate and are given priority in consideration of provision of services – changes to the structure and/or addition of equipment.

Adult and Family Parties: For the adults among us, the Village Hall is a great place to celebrate a special birthday or anniversary. Use the stage for the disco, the kitchen for the catering and our bar to make it all go with a "pop"!

**Our Kitchen:** Commercial cooker and dishwasher, large (separate) warming oven, plumbed-in water boiler, fridges, freezer and a full set of crockery is available, all at no extra cost.



Conferences: From a small, intimate meeting, through to a large multi-day event – we have it covered, with around 200 chairs, more tables than you could ever need, a projector and a PA system.

Alcohol: It always surprises us when we hear someone saying "Oh you have a bar."! Yes – and it is both well-stocked and very reasonably priced – below pub prices and dramatically below those of hotels in the area. We can provide wine for the tables for you at weddings, too, or you can do that yourselves through our corkage scheme – just £5 per bottle, irrespective of whether it is still or sparkling wine. You can provide specified other drinks yourselves too, while still having our bar – just ask us for the rates for those.

Alternatively you can choose to provide all the drinks yourselves. We do not charge extra for not having our bar, unlike some other local venues. We do have a very firm stipulation, however, that no one can sell alcohol other that ourselves. This is for multiple reasons that will be obvious to some and we will be happy to explain to anyone making an enquiry. We even operate a "bar profit sharing scheme" – which gives you back a share of the takings and could ultimately give you your hire for free. To find out more about all this and the full current hire rates, check out our website: www.gvca.co.uk/facilities-and-hiring/ and then contact the lovely and charming Sian Middlebrough who will be delighted to discuss your individual

requirements: phone **07834 700542** or email:

bookings@gvca.co.uk.



### **Women's Institute**

In 2019 we celebrate 65 years of the Grimsargh and District WI.

We have a varied programme of speakers who provide us with presentations of music, local interest, skills and sometimes food! In addition we have a craft club where members are currently knitting items for premature babies. Our previous craft activity was knitting 500 poppies to support the Longridge Cluster School appeal to commemorate the Centenary of the Armistice in November 2018.

We hold regular walks, nearly always finishing with tea and cake. We arrange regular social outings to restaurants and enjoy the occasional afternoon tea. We join in with other WI events for treasure hunts and quizzes. On special occasions we have a Jacob's Join.

Traditionally at the annual Grimsargh Field Day the WI provide homemade cakes and serve these with sandwiches and drinks to visitors and residents alike. The tea tent is an integral part of the Field Day celebrations. In December, members enjoyed a trip to the Empire Theatre in Liverpool to see "Calendar Girls – The Musical". A brilliant day out! Ghost tours, ten pin bowling and cinema trips are on the agenda for future outings.

The Grimsargh and District WI meet on the second Wednesday of each month in the village hall. We are a fun and friendly group and we welcome new members.

Contact Dianne Cookson by phone on **01772 651303** or email **dianne.cookson60@hotmail.co.uk** 



### **Grimsargh Toddlers**



Grimsargh Toddlers is a play group for babies and children up to school age.

We are a volunteer led community group with two sessions - Tuesday 1-3pm (term time only) and Friday 9.30-11.30am (year round). The play group and venue offer excellent

facilities, including indoor and outdoor play, baby area, singing, crafts, story time, drinks and snacks. Entry is £2.50 per family and there is no need to book, just turn up and you will always be welcomed.

A normal play session consists of 2 hours of play with a snack break (toast, fruit and drink) after roughly 1 hour. About 15 minutes before the end, everyone pitches in to help with tidy up time. This is then followed by song time for the children, which we always finish with our very own 'goodbye toddlers' song!



We are always grateful to receive offers of assistance - be that new volunteers, or financial/ toy donations. Best way to contact us is via our Facebook Page: www.facebook.com/ grimsarghtoddlers/

### **Girlguiding**

Girlguiding is the leading charity for girls and young women in the UK, with over 500,000 members. Thanks to the dedication and support of over 100,000 amazing volunteers, we are active in every part of the UK, giving girls and young women a space where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and their communities. We build girls' confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun.

At Grimsargh Village Hall we run Rainbows (5–7 years), Brownies (7–10 years), Guides (10–14 years) and Rangers (14–18 years). Find out more via Grimsargh Village Hall or register your daughter's interest at https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/

We are always looking for volunteers to help and again contact us via Grimsargh Village Hall or at https://www.girlguiding.org.uk/get-involved/

In addition to meetings in the Village Hall, recent activities include Waddow Hall adventures including zip wire, Guystonbury music festival, Brownie pack holiday, Big Gig concert, Guys Farm adventure days, trip to Gulliver's World, staying overnight at Blackpool Tower and camping.

## **Continually Improving Your Village Hall**

Happily, these days Grimsargh Village Hall is thriving and we have funds available for a continuous programme of improvements. We hope you have all seen our new loos! If not – worth a visit to the next Farmers' Market, just for that.



We are in the middle of a series of minor improvements, mainly remedial works. We are also getting quotes for replacing the ceiling tiles and... a complete replacement of the roof. The latter is obviously a very major project, but would include a significant upgrade to the insulation, reducing our heating costs. This would only be achievable if we can successfully acquire grant funding.

What improvements would you like to see? We may have a good range of ideas of what needs doing, what we would like to do (Eileen Murray's pet one is an orangery off the Small Hall) and what we have to do. However, you may have better suggestions, so please send anything through to Eileen on info@gvca.co.uk

### Activ8

Activ8 Self Defence have been established 16 years and work in schools and run evening classes in and around the Lancashire area.

We hold sessions at Grimsargh Village Hall on a Wednesday evening 6pm - 7pm. Currently for juniors aged 4+. You will learn basic moves that are practical and effective. These include escapes from holds, defence against strikes and how to land (fall) properly. Our structure is based on respecting each other and emphasise that fighting is not positive. Classes are disciplined but not regimented. You will see improvements in coordination, fitness, balance and confidence. Our instructors are professionals who are insured, vetted and fully trained.

If you would like more information about our classes, please call the following contacts: Class Instructor - Gillian Knowles on 07751 616788 Chief Instructor Gary Standaloft 07939 400333 or via our website at www.activ8selfdefence.co.uk



# Are You Able to Lend a Hand?

The Village Hall is run by a small but jolly committee of volunteers, who work hard to continue to provide the village with a facility that is sustainable and fit to serve our local residents.

There are a wide range of tasks involved, from opening and closing the hall with hirers; checking on and maintaining the essential health and safety matters; bar management and stock control; and marketing on social media to name just a few. We are a very friendly bunch who always appreciate the offer from someone to lend a hand..... could that person be you?

Whether it's a spare hour every couple of months or a couple of hours every week to help out on something you have experience with or something new that you would like to learn, we would love to hear from you. Please email me (Nicola) at chairman@gvca.co.uk and we can meet with a brew to discuss all options.



## The Griusargh Gardening Club

The Grimsargh Gardening Club was established in October 1983 in response to the Parish Council's request for local groups to use the Village Hall. We have a committee of 8 members which is elected annually at our A.G.M. in October.

There are between 30 and 40 members from Grimsargh, Longridge and the surrounding area and we meet on the first Wednesday of the month, in the Village Hall at 7.30, from February to December. We have a very varied annual programme which includes visiting speakers, plant sales, plant swaps, organised day and afternoon trips, open garden events, gardening quizzes and an annual Christmas dinner at a local restaurant.

Our day trip this year is to Holker Hall and this trip is open to members and non-members. Our Chairperson, Mrs Pam Crayston, is also organising a trip in June to Llangollen. This will include two over-night stays in Llangollen and will include visits to Bodnant Gardens, Plas Newydd and Llandudno. In July, some of our Grimsargh contingent will open their gardens for members to visit in the evening.

One of our members opens her garden in Goosnargh to the public under the National Garden Scheme. The Club Secretary has just visited South Africa after winning a prize in the Gardeners' World magazine.

We make regular donations to local and national charities including cancer charities and the air ambulance. We run a book club at each meeting, the proceeds donated to charity. We have a flower fund to provide flowers to any of our members in times of illness. The Club maintains and upkeeps the local roadside planter display at the entrance to the village and has won local



community awards for this. We also maintain the planters at the Village Hall. Our members have also contributed floral and horticultural displays at a number of church and community events.

We send cards to HM the Queen on the occasions of her birthday and anniversaries and have received communication from the Palace.

Perhaps an important thing to stress is that the Grimsargh Gardening Club is NOT for expert gardeners. Indeed, most of our members joined and came along in order to learn more about gardening from our speakers and from each other. We are a very friendly and companionable group and we are hoping to attract new members of all ages in 2019. Our annual subscription is currently £10 and members pay £1 per meeting to include a raffle and refreshments. Guests are welcome and pay £1.50. Contact: Pam Crayston on **01772 712445**.





### **Grimsargh Badminton Club**

On behalf of Grimsargh Badminton Club I would like to thank the GVCA for allowing us space in their Newsletter to promote the club.

The club has been an active participant of life at the Village Hall more or less since its opening. However, through a combination of circumstances a number of long-standing members left the club over the last year, leaving it struggling to find sufficient players to make its weekly sessions viable. To try and redress this a 'marketing campaign' was initiated, including distributing flyers around the village and a new Facebook Page. A number of new players have joined in the last month or so but we still have vacancies for a few more adult members. No previous playing experience is necessary and we have racquets available for anyone wishing to try the game.

Grimsargh Badminton Club meets in the Village Hall every Thursday evening at 8.00pm. The aim of the club is to play social, but competitive, badminton in a friendly atmosphere, primarily as a recreational activity. Members pay a modest annual membership fee, plus a weekly court fee, set at a level which covers the running costs of the club.

If you are looking for an activity which can be as energetic as you wish to make it, or if you would like to get back into a game you may have played years ago, why not give us a try. For more details contact **Richard Foster** on **01772 652981**, or visit our Facebook page —

#### www.facebook.com/grimsarghbadminton

We look forward to seeing you. Richard Foster

### **Positively Pawfect**

At Positively Pawfect we train dogs through kind, positive, science based methods that are proven to get you great, long-lasting results that create an amazing bond between you and your dog. We do not use any force, fear or shock techniques in our training. We run one to one sessions, group classes, workshops, and much more! For more information visit our website or get in touch!



Our contact details are: josie@positivelypawfect.com 07877 010023 www.positivelypawfect.com

### **Lacemaking Days**

It's wonderful to know there are people with the patience to carry on this traditional craft and hobby.

A clutch of such enthusiasts meet monthly at the Village Hall. It is a very informal group, where anyone can make their favourite type of lace. Previous experience is not essential. Lacemaking days are held on the first Tuesday of each month, except January, 9.30am - 3pm. Lace types include bobbin, needle, hook or shuttle. Contact Pat Bradford on 01772 782462.



### **Welcome to the New Residents Event**

OK, so we know the Parish Council are also featuring this event in their newsletter, but it was such a successful afternoon we don't think there's any harm in you hearing about it from our point of view too!



The idea was to give a warm welcome to anyone new(ish) to the village. We posted nearly 200 invitations directly through the doors of those we knew had moved in to their homes in the past few years. Sorry to those we missed, but we did have limited information, without hacking the Post Office records....

On Sunday 12th May, the hall was full of community groups, all waiting to chat and answer any questions our guests might have. "Will they come, won't they come" we all wondered – and come you did – lots and lots of you. Thank you for all your positive feedback – everyone said it was a wonderful event.

We were particularly tickled when one of the group members (we'll not name him to spare his blushes) said "You know, I never knew what the Young at Heart group was – always thought it was something to do with the British Heart Foundation"! So if someone who has lived a large chunk of their life in Grimsargh can learn something new and useful, we all can and we should definitely repeat the event in a couple of years.

We compiled a handout for the afternoon, with a list of as many Community Groups and their contact details as we could think of. Those lists are still available to pick up in the foyer of the hall, should anyone wish to grab one.

### **Latin American Dance Classes**

Peter Ronson has been holding classes at Grimsargh Village Hall as long as any of us can remember. Weekly on a Thursday evening, starting at 6.30pm, Peter and his group swirl, twirl and cha-cha-cha through their exquisite moves.

They have a lot of fun, chat and laugh as they go.

Peter also holds private dance classes, one-to one/two, contact him for availability. Contact Peter on **01772 736619**.



### Yoga



Yoga is a spiritual discipline that can help you develop breath control and adopt specific body postures. This allows you to maintain your health and practise relaxation wherever you are.

Susan Richmond is a fully trained Yoga teacher, accredited by the British Wheel of Yoga since 2013. She has been running classes here for some time, on Thursday evenings from 6.30pm, with an additional class for men only starting at 8.00pm. In this busy, stressful world, perhaps you deserve to give yourself the opportunity to improve your wellbeing. Contact Susan by phone on **07730 338483** or email

susan.richmond1@btinternet.com



### Get Ready for the Show!

The Thirtieth Grimsargh Flower, Produce and Handicraft Show will be held at the Hall on Saturday 10th August. This is one of the Village's most charming annual events, where the amazing talents of those who live in Grimsargh and the surrounding area are on display for all to see.

Be it a lovely pie you can bake, an evocative painting you can paint, a glorious cardigan you can knit or a skilful photo you can take – there will be a class for you. Programmes available shortly from the Hall foyer and Grimsargh Post Office. Doors open 2pm and there are refreshments available.



### The Grimsargh Players

A drama group that don't generally play in Grimsargh....! Although they primarily put their performances on at the Preston Playhouse, the group do regularly use the Village Hall for rehearsals.

They also put on a charming festive annual performance in December and we consider them to be "one of our own". Check out their Facebook Page for further details:

www.facebook.com/grimsarghplayers/.





### The Committee

So, you've read references to "The Committee" - just who are we?

Well, we're the bunch who run the Village Hall and the Farmers' Markets.

Nowt else – all the other classes and groups are run by their own organisations.

To give us our official title, we're Trustees of Grimsargh Village Community Association, a registered Charity (No 504698) - which is why you see "GVCA" in our website and email addresses.















Parker



### **New Gas Governor Bringing Income** to the Village Hall

A considerable time ago we were approached by representatives from Cadent Gas Limited (formerly National Grid Gas Distribution Ltd) who informed us they were looking a site to place a kiosk to house a new "gas governor" for the Village and upgraded replacement for an aging unit.

After many, many months of discussions and legal advice, we have agreed to lease them a small section of land at the end of our site, towards the road. You may have noticed that these works have already started. The lease brings in valuable income for the Village Hall without having any detrimental effect on our operations, so we hope you will support us in this action. OK, so it isn't going to be the prettiest of buildings, but we do commit to landscape and camouflage it where we can.

### **Dyslexia Centre**

The Dyslexia Centre North West hosts its drop in clinic at the Village Hall, where anyone can drop in for a brew and a chat if you want to know more about dyslexia or dyscalculia. You may be concerned that your child has dyslexia, want to chat to other parents, need a report talking through with one of our highly experienced PATOSS registered Specialist Teachers or just need some advice to move forward. To find out more about our services and drop in clinic dates you can visit our website at dyslexiacentrenorthwest.co.uk or contact us on (01772) 759083.

**Grimsargh Village Community Association** 

Grimsargh Village Hall • Preston Road • Grimsargh • Lancashire • PR2 5JS

Website: www.gvca.co.uk

Bookings: Phone 07834 700542 or email bookings@gvca.co.uk